This utchat pendant, found on the mummy of Akhenaten’s son (Tutankhamen), depicts the alchemy of spiritual nourishment both in the afterlife and in the created world. This is the right eye or the Eye of Ra, symbolizing the Sun. It is flanked by Nekhebet the Vulture of Upper Egypt (female intuitive consciousness that becomes pregnant by the Wind) and the Cobra of Lower Egypt (masculine intellectual consciousness that creates existence from duality). Together, the Vulture and Cobra make up the diadem (Third Eye) crown of the pharaohs. The left eye (not shown) is called the Eye of Thoth and symbolizes the Moon. Both eyes together are the two eyes of Horus the Elder, the idealized human.

The eye is the part of the body able to perceive light and is therefore the symbol for spiritual abilities and energy. Egyptian texts that describe the Eye of Ra, portray it in terms of “eating” or absorbing spiritual “food” through the various senses. The senses are ordered according to their importance and how much energy must be “eaten” for an individual to receive a particular sensation or utilize the energy. In this scheme, all sensory data input is considered “food” on the spiritual level. In fact, the amount of spiritual energy derived from this metaphysical feasting is precisely expressed, and the construction of the Eye of Ra follows very definite laws.

These are the parts of the eye and their associated fractional values of the total spiritual nutrition available to us, which is $64/64 = 1$. The basic measure of eating is called the “ro” and is equal to one “mouthful.” $320 \text{ ro} = 1 \text{ heqat}$ or one “handful” of food from the Aten (the Solar Disk).

1/64 heqat = Energy of Touch (A stalk planted in the ground - physical sensation.)
1/32 heqat = Energy of Taste (The grain or wheat that sprouts from the planted stalk.)
1/16 heqat = Energy of Hearing (Part of eye that points to ear, which absorbs vibration.)
1/8 heqat = Energy of Thought (Eyebrow that expresses thought and reacts to it.)
1/4 heqat = Energy of Sight (Pupil of eye that absorbs light images or crystallized thoughtforms.)
1/2 heqat = Energy of Smell (Part of eye that points toward the nose, representing the subliest
sense of odor and intuition, the soul-centered Intelligence of the Heart.)
These sensory input channels total 63/64. According to legend, the missing 1/64th is the magical
and infinite yet hidden energy supplied by Thoth. This is also a source of our essential spiritual
nutrition. Without this higher nourishment, our spirit starves, becomes weak, and eventually dies.

More information on alchemy can be found at these websites: